

30k and 5k September 22, 2013

5k Trail Times

9/22/13

Trail head across road, black diamond route top of tower hill. Black diamond route on back of tower hill. Finish at road crossing by Marina turn. Distance is 3.2 miles.

Ladies	Time		
Maggie Brooks	0:29:03	1	New womenss course record!
Kim Krizek	0:30:56	2	
Maddie Wildman	0:30:57	3	
Amanda Shaffer	0:32:13	4	
Emily Brown	0:33:36	5	
Karen Dougherty	0:37:05	6	
Sarah Maloney	0:42:33	7	
Kelsey Kamm	0:49:10	8	
Kori Kamm	0:49:11	9	
Kimberly Mann	0:49:38	10	
Mary Peppiatt	0:51:41	11	
Velva Imel	0:51:44	12	

Men	Time		
Rudy Goldstein	0:26:09	1	
James Elsen	0:28:31	2	
Toby Dougherty	0:28:33	3	
Lucas Scott	0:29:52	4	
Jim McMullen	0:31:00	5	
Mark Hammeke	0:33:41	6	
John Peppiatt	0:51:42	7	
David Renninger, Sr	0:57:15	8	



WildWithinYou

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30k Trail Run times

Distance is 18.9 miles. All of trail except for Post Rock Loop and Bird Loop.

Ladies

Molly Lavacek

Nikki Stacey

Time

3:22:22

3:48:00

New womens course record!

Men

David Renninger

Sterling Kidd

Time

3:04:08

mile 15.5

New Mens course record!

Team

Greg Martins

Robin Gilman

3:03:43

New team record established, co-ed!

Sandy McMullen

Barb Thoren

3:53:18

New team record established, ladies!



WildWithinYou