

# 2011 Couch Potato Triathlon Couch Potato Triathlon

## Age Group Results

July 16, 2011

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Results By Heartland Timing ([www.heartlandtiming.com](http://www.heartlandtiming.com)) [www.heartlandtiming.com](http://www.heartlandtiming.com)

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Men: [0-30](#) [31-99](#)

Women: [0-30](#) [31-99](#)

Female 0-30														
Overall			----- Swim -----				1st Trans	----- Bike -----			2nd Trans	----- Run -----		Total
Place	Place	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1	7	Rachel Weston	20	24	1	6:03.5	1:11.1	1	21:41.7	0:08.6	1	7:08.1	36:13.1	
2	11	Haley Pfeifer	32	19	5	7:41.5	1:52.2	3	20:23.3	7:53.6	2	0:00.0	37:50.8	
3	13	Katie Herman	29	0	3	7:18.3	1:21.8	2	21:14.6	0:26.2	3	7:50.8	38:11.9	
4	18	Katie Wildgen	19	22	2	6:30.3	1:34.5	4	24:23.8	0:28.5	4	8:52.5	41:49.8	
5	22	Hannah Enslow	33	27	9	8:17.3	3:52.7	6	22:52.8	7:14.2	5	0:00.0	42:17.1	
6	27	Baylee Birkmeyer	31	17	4	7:30.1	1:43.4	5	25:33.9	0:26.9	6	9:00.7	44:15.3	
7	30	Lianne Zwenger	17	29	7	7:59.9	1:27.6	7	28:15.4	0:09.2	7	8:13.7	46:06.0	
8	31	Bailey Stewart	23	15	6	7:47.9	3:04.1	9	28:38.4	0:29.3	8	6:56.9	46:56.8	
9	33	Dayna Crawford	3	24	11	9:58.5	1:45.0	8	27:11.5	0:32.2	9	8:32.0	47:59.4	
10	37	Tami Green	7	0	8	8:00.2	3:00.2	10	29:08.2	0:38.7	10	11:49.5	52:37.0	
11	43	Breann Nelson	27	0	10	9:55.7	3:00.3	11	35:48.6	0:47.3	11	13:44.9	1:03:17.0	

[Top](#)

## Male 0-30

Overall													
		----- Swim -----				1st Trans	----- Bike -----			2nd Trans	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	1	Kegan Radcliff	35	23	4	6:44.6	1:23.2	2	17:57.8	0:25.1	1	5:58.7	32:29.5
2	2	Clayton Young	42	28	1	5:38.6	1:21.6	1	18:06.4	0:41.0	2	7:22.9	33:10.6
3	3	Jacob Yoder	18	21	2	5:46.4	1:11.2	3	19:39.8	0:08.5	3	6:46.6	33:32.7
4	6	Jeb Stewart	22	17	3	6:16.9	2:18.0	4	20:55.4	0:19.6	4	5:54.1	35:44.3
5	14	Kurtis Meier	28	23	6	7:25.2	1:42.4	5	21:18.9	0:11.4	5	7:42.8	38:21.1
6	25	Brian Lee	9	30	7	7:37.2	1:38.0	7	25:23.0	0:13.3	6	8:55.0	43:46.7
7	26	Josh Callaha	39	30	5	7:18.7	2:04.0	6	23:21.1	0:18.2	7	10:49.9	43:52.1
8	35	Tom Resse	12	29	8	7:46.0	3:25.4	8	23:54.7	0:59.2	8	13:37.5	49:43.0
9	38	David Green	6	0	10	8:30.5	2:42.9	10	29:21.1	0:43.5	9	11:47.6	53:05.8
10	40	Justin Thummel	40	30	11	10:25.4	1:41.5	9	28:21.3	0:23.6	10	14:10.7	55:02.7
11	42	Connor Nicholl	11	0	9	7:56.7	1:28.3	11	41:49.6	0:19.5	11	11:07.3	1:02:41.5

[Top](#)

## Female 31 and over

Overall													
		----- Swim -----				1st Trans	----- Bike -----			2nd Trans	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	8	Helen Hands	34	49	2	7:10.9	2:02.7	1	19:21.6	0:21.4	1	8:07.0	37:03.7
2	12	Patty Weber	21	51	3	7:22.4	2:07.0	2	19:51.5	0:00.2	2	8:34.9	37:56.2
3	20	Carol Sabath	24	40	4	7:39.3	2:41.5	4	21:52.1	0:22.4	3	9:23.3	41:58.8
4	21	Marilyn Mai	10	48	5	8:49.0	2:19.4	5	22:15.3		4	8:47.8	42:11.1
5	24	Samantha Angell	1	39	1	7:08.3	2:39.3	3	21:06.3	1:24.1	5	11:20.2	43:38.3
6	32	Amy Choitz	36	36	8	11:23.6	2:32.7	6	22:12.6	0:38.6	6	10:38.6	47:26.2
7	36	Angela Ashton	2	39	6	8:57.7	2:50.2	8	28:44.5	1:12.4	7	10:38.5	52:23.5
8	39	Barbara Lotzbach	37	56	10	12:31.8	1:56.7	9	27:20.9	0:23.9	8	12:34.4	54:47.9
9	41	Mary Takaishi	38	36	9	12:27.5	2:29.0	7	25:28.0	0:57.7	9	14:58.9	56:21.2
10	45	Amie Wright	45	37	7	11:11.1	8:34.8	10	35:40.9	2:05.3	10	19:11.8	1:16:44.1

[Top](#)

## Male 31 and over

Overall			----- Swim -----			1st Trans	----- Bike -----			2nd Trans	----- Run -----		Total
<u>Place</u>	<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	4	Jeff Rhoden	13	31	4	6:49.8	1:07.8	1	18:41.7	0:08.1	1	6:47.8	33:35.4
2	5	Peter Euler	16	33	9	8:17.7	1:39.9	3	17:50.8	0:17.3	2	6:41.9	34:47.8
3	9	John Fulkerson	30	36	2	6:28.0	2:00.2	4	19:24.9	9:19.4	3	0:00.0	37:12.6
4	10	Justin Johnson	43	34	1	6:22.8	2:05.8	2	19:12.3	0:27.8	4	9:34.3	37:43.1
5	15	Brian Donaldson	5	42	10	8:51.2	2:01.8	7	20:18.0	0:12.2	5	7:05.6	38:28.9
6	16	Jason Reed	25	37	7	7:11.0	2:19.9	6	20:22.4	10:30.1	6	0:00.0	40:23.6
7	17	Russel Prophet	26	36	3	6:34.7	1:44.6	5	20:05.9	1:16.1	7	11:25.8	41:07.3
8	19	Shane Meyer	47	39	5	6:52.5	1:35.9	8	23:06.2	0:14.9	8	10:00.4	41:50.1
9	23	Lance Shepard	41	36	6	7:02.1	2:32.9	9	23:36.2	0:50.6	9	9:09.6	43:11.6
10	28	Brian Dechent	4	42	11	9:19.5	2:45.4	10	22:55.8	0:20.1	10	9:31.0	44:52.0
11	29	Mike Koerner	8	48	12	10:16.0	2:30.4	11	22:14.4	0:39.8	11	9:45.9	45:26.7
12	34	Travis Johnson	44	36	8	7:56.2	4:06.4	12	23:03.0	1:16.1	12	12:40.8	49:02.7
13	44	Brandon Wright	46	37	13	15:36.2	3:44.6	13	35:35.1	2:07.5	13	19:10.8	1:16:14.6